

Investigation and analysis of students' interest in sports in Shuangliu District

Jun Liu

School of Physical Education, Southwest University, Chongqing, 400799, China

Abstract

With the progress of the present era, there are many old sports courses that can not keep up with the daily learning courses of contemporary students, but sports and dance with the characteristics of the new era, sports learning contents that integrate music and sports, such as aerobics, modern dance, sports dance, fight aerobics, hip-hop dance, etc., as well as some dances with the characteristics of the ethnic minority are also very expensive Be liked by the students. At the same time, compared with the physical education curriculum in our country, the physical education learning curriculum also plays a very good role in stimulating the overall quality education and curriculum reform. Such a curriculum can not only ensure the health of students' physical quality education, but also enable students to have the ability to discover, feel and innovate beauty. From these we can find that it will have a very good value to add these learning contents into our country's physical education learning curriculum. This article will use the existing literature and materials, carry out the school market questionnaire survey, and through statistics to investigate and study the situation of the physical education learning curriculum in the primary and secondary schools of Shuangliu District, find out the advantages and disadvantages of the physical education school-based curriculum, and provide some theoretical reference for the future physical education school-based curriculum in the primary and secondary schools of Shuangliu district.

Keywords

Shuangliu district; middle school; sports; interest.

1. Introduction

According to the outline of the basic education reform, it is clearly stated that in order to change the highly intensive situation of modern education curriculum, we can carry out the learning curriculum management system at the three levels of national, regional and school, and increase the adaptation of education curriculum to the region, school and students. The three-level learning curriculum management system has impacted the national unified education mode of our country's education curriculum, and also improved the traditional rigid education mode of teachers according to the learning curriculum, and the identity of teachers has gradually changed from a single educator to an innovative educator of education and learning and a decision maker. The innovative research on physical education learning curriculum is mainly aimed at physical education teachers in schools, guided by a national curriculum standard and regional curriculum policy implementation, and based on the different situations, characteristics, educational abilities and learning resources that can be used or need to be developed in each school, it first combines an educational model of the school. To carry out educational activities around the learning requirements of students and the purpose of benefiting students' health. There are two points of significance in this: (1) Schools should make reference to China's educational curriculum in a planned way to set aside time and space for the school's future research, to study the educational curriculum with its own characteristics, and to echo the national and regional educational curriculum, so as to achieve a special

educational module. (2) The school should also conduct targeted research and development for China's physical education curriculum according to its own reality, so as to make China's physical education curriculum more suitable for an educational environment of the school.

2. Basis for topic selection

With the progress of the current era, there are still many old physical education content that can no longer keep up with the daily learning courses of contemporary students. However, sports learning content that integrates music and sports with the characteristics of the new era, such as aerobics, modern dance, sports dance, combat gymnastics, street dance, etc. There are also some expensive and ethnic dances that are also very popular with students. At the same time, compared with the overall quality education and curriculum reform in our country's physical education curriculum, sports courses also play a good stimulating role. Such courses can not only ensure students' physical quality education and health, but also allow students to have a ability to discover beauty, feel beauty and innovate beauty. From these, it can be found that there is a good value in adding these learning contents to our country's physical education curriculum. Through the investigation and research of the current situation of physical education school-based curriculum in Shuangliu District, this paper finds out the advantages and disadvantages of the establishment of physical education school-based curriculum, and provides some theoretical reference for the establishment of physical education school-based curriculum in Shuangliu District in the future.

3. Purpose and significance of the research

It has a certain guiding significance for the physical education work of primary and secondary school students. There is no doubt that primary and secondary school physical education is one of the most important systems in our country's education system, all education systems are based on the body; All the research on primary and secondary school physical education is to enrich and perfect the theory of primary and secondary school physical education. This paper gives some feedback to the implementation of sports policies by understanding the information of primary and secondary school students' participation in sports cognition. Through the investigation and research on the participation of primary and secondary school students in sports activities, in order to better optimize sports teaching and better improve students' physical health with less resources, sports are reflected in various sports events. Through students' cognition of sports events, students' cognition of sports activities can be more effectively understood. It provides reference for optimizing sports projects.

4. Survey results and analysis

4.1. Investigation of interest in sports in middle and primary schools in Shuangliu District

4.1.1. Students' satisfaction in Shuangliu District

According to the survey, 14.4 percent of students said they were "very satisfied," 12.3 percent said they were "somewhat satisfied," and 29.4 percent said they were "average." 43.8% of the students feel "dissatisfied", so it can be seen that most of the students feel that the school's physical education curriculum is not good, can not make them satisfied.

4.1.2. Students' expected sports courses

According to the survey results, students still prefer ball sports courses, such as badminton, table tennis and tennis, which account for 44.4%, 25.7% and 48.8% respectively. In track and field, the majority of students are not interested, only 11.3 percent. Then, the proportion of folk

sports courses is 22.8%. There are still many students who feel that there are some sports courses in the school is still very interested, such as baseball, basketball and other learning courses. In addition, we can draw from the statistical data that there are still more students have a high interest in learning folk sports, such as dragon and lion dance, rowing and other learning courses. According to the visits from various aspects, we learned that these folk traditional physical education schools have never actually carried out, which also affects students' interest in learning physical education courses to a certain extent.

4.1.3. Physical education curriculum development status of primary and secondary schools in Shuangliu District

Different primary and secondary schools are different individuals, and there are differences in the degree of the construction of school-based curriculum in physical education. We can know from the questionnaire statistics of primary and secondary schools in Shuangliu District that the in-depth research and development of PE teachers on PE learning curriculum is not enough, and there are still many problems. Four PE teachers chose to improve the existing PE curriculum, accounting for 66.7 percent of the total; Then one teacher chose the introduction of the new curriculum, and another teacher chose the innovation and reform of the physical education curriculum, accounting for 16.7% of the total; None of the teachers chose folk physical education. According to our interview, the reason for such a major problem is that the current PE teachers have large tasks and many classes every week, and there is no extra time for managers to participate in the PE curriculum reform. In addition, the school sports field and equipped with sports equipment can not meet the learning needs of other sports courses. Then, each school does not have a relatively complete process and normal guidance in the study of physical education curriculum, which also directly affects the research interest of physical education teachers.

4.2. Investigation of extracurricular interest in sports projects of primary and secondary schools in Shuangliu District

4.2.1. Current situation of the number of junior high school students choosing sports interest projects

In Shuangliu district, students who choose table tennis, basketball, track and field are sufficient, accounting for 93.3% of the total, but there are not too many students who choose aerobics and badminton. Therefore, in order to do a good job in the training of junior high school sports talents, we should pay attention to the following three points: (1) Pay attention to the daily work of the school, and ensure the normal operation and development needs of the school; (2) Strengthen the training and introduction of sports talents

4.2.2. Students' awareness of physical exercise is weak

According to the survey results, we can know that those who love sports learning accounted for 65.4 percent of the total, those who don't like sports courses accounted for 20.9 percent, and some students think that sports learning is average, accounting for 12.7 percent of the total. Because physical education courses need to be outdoors, there are many enthusiastic students who are very hot to learn physical education courses. Although many students still love sports courses, we still have to understand that students in primary and secondary schools have a strong personality, and their passion and interest are very easy to be attracted by other courses. Therefore, we also need to refer to students' passion and interest, and according to the existing venues and sports equipment of the school. Create sports learning courses with intentions, use easy-to-understand education models, mobilize students' interest in active learning, so as to ensure the quality of sports learning and improve students' comprehensive physical quality. After talking with students, we found that there are many reasons for the unpopularity of PE courses, such as family factors, school environment and the influence of education in modern

society. Then, in the following period of time, students' homework gradually increased, which also affected students' active initiative in sports learning and exercise. The content of physical education courses in the school was too small, which could not meet the current students' interest in learning, and most of the courses made students lose interest. At present, many school students have only one child at home, and they have grown up under the love of their parents, and have not suffered, so sports learning courses will make students feel very tired and dirty, and may even happen by accident.

5. Conclusions and Suggestions

5.1. Areas that need improvement

5.1.1. Teachers' curriculum concepts need to be updated

The standardized management of uniform learning curriculum and exam-oriented education are the current model of education learning curriculum in our country, because of these two factors, the school and teachers' awareness of learning curriculum education has not changed, schools, teachers and students in accordance with the national unified standards to develop learning curriculum standards, have not changed from the beginning to now, the teacher's awareness of change is not enough, It is difficult to achieve reform and innovative development.

5.1.2. Teachers' knowledge and skills need to be strengthened

There is a saying is not wrong, in modern education, if we do not have a very solid basic skills, how to study the school education curriculum, the basic knowledge of the curriculum reform points and experience, the ideology of the curriculum reform and the awareness of curriculum research are now teachers have to have. However, according to the current situation analysis, we have been developing education standards according to China's unified standards, most of the teachers have not studied the reform, in view of the current situation, most of the teachers are helpless, and China's education curriculum research has just begun, and the education curriculum is still in the process of exploration. So far, there has not been a successful example and a reform plan that can be referred to, which further leads to some teachers' insufficient awareness of the educational curriculum.

5.1.3. Ignoring the main needs of students and blindly carrying out research reform

At present, the research of education curriculum in China should take the students as the core, put the students into the education curriculum, and then the school should ensure each student's independent choice and requirements, such a reform model should be a form of formation from students to school, not a command from school to students. However, many schools only do research for the sake of research without seriously investigating and interviewing the requirements of students and the requirements of the whole school education, so the research that directly affects the learning curriculum does not meet the requirements of students. School teachers make courses according to their own advantages, and students have to participate in learning courses that do not meet their requirements. In some schools, it is mandatory for teachers to take on multiple roles and perform multiple educational tasks, which are not in line with the modern curriculum research consciousness.

5.2. Suggestions

5.2.1. Grasp the research consciousness of physical education curriculum

We can see from the process of physical education curriculum that all places are trying to get rid of the shortcomings of national unity, but also rely on national or regional development. According to the current situation, we can learn that following the guidelines of our country, so that learning has more activity space, although the national unity and activity space still need to be further improved, but the overall development direction is the same. I am based on the

requirements of school physical education curriculum, establish a certain binding force and combine with flexible development space. This is also now the physical education curriculum to solve. Therefore, the school physical education curriculum research needs to carry out in-depth research, develop binding force and flexible application, establish sound research consciousness, and carry out effective research work according to the rationality of physical education curriculum.

5.2.2. Strengthen physical education curriculum research

The research reform of physical education curriculum in our country is still in the nascent stage, and the research of learning curriculum is still a situation without logical order. China needs to establish a short-term development plan and long-term continuous research direction, gain effective experience in the research process, increase research efforts, and gradually form a complete and scientific physical education curriculum research system, so as to achieve a comprehensive and diversified development trend.

5.2.3. Develop the richness of physical education curriculum resources

At present, physical education courses in our country are gradually showing diversified development, especially in view of the in-depth study of physical education curriculum resources. First, we should strengthen our own strength and operation management mechanism. In order to better improve education curriculum, we should first disintegrate the traditional education curriculum mode and adopt more effective methods to stimulate and perfect various forms of education curriculum resources. We will continue to adjust according to this method, so as to effectively promote the good development of education curriculum. The second is to expand the channels of primary and secondary education resources, adopt effective and preferential policies, and promote diversified and high-quality educational resources in a planned and step-by-step manner, especially excellent teacher resources; Then strict testing, the creation of an assessment system, adhere to the use of high-quality educational resources. Third, create a long-term and effective reward system, promote reform, innovation and development, expand the consciousness of reform, overcome existing difficulties, stimulate the awareness of teachers in education reform, and further promote the sense of competition of teachers in education curriculum reform, so as to make breakthroughs in continuous progress.

5.3. Conclusion

With the progress of the current era, there are still many old physical education content that can no longer keep up with the daily learning courses of contemporary students. However, sports learning content that integrates music and sports with the characteristics of the new era, such as aerobics, modern dance, sports dance, combat gymnastics, street dance, etc. There are also some expensive and ethnic dances that are also very popular with students. At the same time, compared with the overall quality education and curriculum reform in our country's physical education curriculum, sports courses also play a good stimulating role. Such courses can not only ensure students' physical quality education and health, but also allow students to have a ability to discover beauty, feel beauty and innovate beauty. From these, it can be found that there is a good value in adding these learning contents to our country's physical education curriculum. Through the investigation and research of the current situation of physical education school-based curriculum in Shuangliu District, this paper finds out the advantages and disadvantages of the establishment of physical education school-based curriculum, and provides some theoretical reference for the establishment of physical education school-based curriculum in Shuangliu District in the future.

References

- [1] Liu Yang. Research on the Development of Folk Traditional Sports Clubs in the Context of National Fitness Program [J]. Journal of Sports Culture Guide,2017(01):40-82.
- [2] Xu Zhuoyu, Wei Guanhua. Investigation and Analysis of Students' Interest in Physical Education - A Case Study of East China Normal University Second Affiliated Middle School [J]. Sports Science and Technology Literature Bulletin,2017,25(04):83-85.
- [3] Gao Jing. Investigation and Analysis of Students' Interest in Physical Education in Jinling Primary and Secondary Schools in Nanjing [J]. Sports Science and Technology, 2018, 39(05):100-104.
- [4] Ding Bin, Liu Jia, Zhou Junyao, Zhao Xuefeng. Research on the Development of Ethnic Minority Primary and Secondary School Physical Education Project Resources along the Silk Road in the Hexi Corridor [J]. Sports Elite,2019,38(04):1-4.
- [5] Wang Qi, Li Yongli, Zhu Jianhua. Research on the Feasibility of Interesting Physical Education Projects Based on Sports Diversification [J]. Youth Sports,2019(07):57-58.
- [6] Wang Aisha, Zhang Hongyu, Li Shuangling, Huang Yu. Application of App in Winter Sports Project Promotion in the Internet Mobile Era [J]. Winter Sports,2016,38(03):33-48.
- [7] Zhao Jie. The Influence of Football Games on the Interest of Primary School Students in Physical Education [J]. Journal of Liaoning Normal University (Natural Science Edition),2011,34(01):120-122.